



### **Youth Life**

#### **OUR VISION**

The purpose of Jesus Redeems Youth Ministries is to enlighten the hearts of the youngsters with the Word of God to make them the light of the world and to shine in the midst of darkness as a disciple of Lord Jesus Christ.

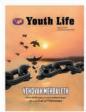
#### SMS or WhatsApp:

Send your feedbacks, blessings and the article that were useful to you with your name and place to the given number.

9750955547

#### Single copy ₹10/- Annual subscription ₹100/-Life time subscription ₹1000/-

You can pay the money at any Jesus Redeems branch office and become a partner of Youth Life. If your partnership is about to finish, please do not forget to renew it. Send your money to our Tirunelveli or Thoothukudi address





A/c. Name : JESUS REDEEMS YOUTH MINISTRY

A/c. No. : 054100710400515

BANK : TAMILNAD MERCANTILE BANK LTD.,

BRANCH CODE: Prahasapuram, Nazareth

BRANCH CODE: 000054

IFS CODE : TMBL0000054
MICR CODE : 627060021
SWIFT CODE : TMBLINBBTUT

Head Quarters: Jesus Redeems
Nalumavadi, Tuticorin - 628211.
Tel: 04639-2200022. Cell: 9750955547

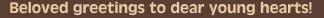
youth@jesusredeems.org www.jesusredeems.com www.youthworld.in



Chief Editor: Mohan C. Lazarus | Associate Editor: Avinash | Layout Designer: Joshua
 Co-ordinators: Priscilla | Helena J.S | Translators: Navein | Richard | Justin | Anand | Jeffrin | Sheeba
 Sherly | Nancy | Merlin | Celin | Monica | Getzi | Danton | Lavanya

Copy Editors: Jenitha | Jasmine | Jenefa | Andrina | Proof Readers: Helena J.S | Priscilla | Leena Avinash





obody could step into the dark continent, Africa. Because it has the world's biggest desert Sahara and only a few harbors. Most of their regions are made of plateaus. Since it is a horizontal place from the sea shore, it is difficult for the people of Europe to enter into this continent and the river which flows into the sea creates waterfall which makes it difficult to enter into Africa via river. The hotness and humidity of the forests in Africa makes living difficult. In 1841, David Livingston entered this dark forest where nobody could enter. After his entry, God has shown light to that dark continent.

He discovered many important places like the origin of Zambezi river where he found a large waterfall in the Zambezi river and named it as Victoria waterfall. He went to do research in Central and Eastern Africa where he found that the Arabians are kidnapping Africans to sell them as slaves. He tried very hard to stop this. He did many such charitable works for the African people and later, ignited the torch of gospel, bringing light to their darkened lives.

Dear youngster, what did you do for your own country as you are reading this? Think about it, what is your role in bringing revival to India which is indulged in sin, curse, poverty and corona. After this pestilence, God has destined for a big revival. What is your preparation for this revival? What is your role and vision in spreading the light of the Gospel.

Our wait is enough. Enough of giving our souls to be robbed. Let us rise and bring in souls to be His kingdom •

Go emit your ray, as a youngster of light....

In God's work, *Avinash*.



## New Life

Young age is the time when everyone jumps around with full energy. But Sis. Jenitha Stephy was affected by a dreadful disease and the doctors gave up on her. Jesus heard her simple prayer and revived her life. Let us listen to her testimony in this issue.



hospital.

Did you find a cure in that hospital?

No. I reached there with a very low oxygen level. I realised that the people around me were crying, but I felt nothing apart from that. I felt

They took me to a nearby hospital immediately. There they gave an injection to stop my blood vomit. But the doctor wasn't able to tell why it

happened. I continued vomiting and I wasn't able to sit down properly. Since

they didn't have enough facilities to

treat me, they sent me to Tirunelveli

that something worst was going to happen to me and I asked my mother to invite everyone there to pay their final visit to me. My mother was praying for me. They took all possible tests in Tirunelveli hospital. I reached there on a stretcher and wasn't even able to sit. They gave me a lot of tablets and injections but there was no improvement. They weren't even able to diagnose the disease. Many doctors discussed it and asked my family to take me to Chennai.

## Tell us about your childhood and family.

I was born in Nazareth, in Tuticorin district. My mother is a headmistress in a government school and my father is a businessman. I have a younger brother named Jerrin. When I was young, I prayed and read the Bible because of the compulsion of my mother. I didn't have any other connection with God. Since my mother

was a headmistress, she was very strict when it came to my academics. So I studied well and passed 12th with a good score.

#### Sis.Jenitha with her family

### How were your days in college?

When I was doing my UG in 2010, I started coughing and it was followed by blood vomit. The entire house was filled with my blood.

#### Did you receive healing in Chennai?

They didn't take me to Chennai. Instead, my family prayed together for my healing. I was lying down in my bed when they were praying. Lying there I prayed that if God heals me and revives my life, I would be a testimony for him. After many days, I slept well that night. The next day they tested me and

found out that my blood count had increased from 6 to 11. When they tested my lungs they found that 80% of it wasn't functioning and the doctors asked how I was surviving. They said that I should follow a strict diet and take tablets all my life. I was asked to take 10-15 tablets every day. My parents were shattered on hearing this. But my mother didn't lose faith in God and she continued to pray day and night. During this period, I attended Senai camp along with my friends in May 2010, I went to the camp carrying all my medicines. During the prayer time, I said, "God I know you saved my life cause you love me. And you should confirm that by calling my name out through the speaker." But, my name wasn't called out. During the noon session, a minister of God said that he is seeing my face in vision and God is going to lift me as a testimony. He also added that God will make me shine among the ones in the family who spoke ill of me.

After the camp got over, I was taken to the hospital for consultation. The doctors who checked me were shocked knowing that my lungs are functioning perfectly like any healthy person. He also told me that I need not follow any diet or take tablets from then on. He called it a medical miracle. Jesus was with

me when everyone had given up on my health. He told me, "For a brief moment I abandoned you, but with deep compassion, I will bring you back," through this miracle, revived my life and has been guiding me till now.

#### Did you continue your UG in college?

Yes, I continued my studies. I didn't go to college during that semester. But Jesus was with me and He enabled me to pass

without any arrears, and I went on to finish my BE with a First Class. Then I secured good marks in TANCET and got a seat in MIT Anna University's M.Tech program and God enabled me to finish it with a distinction. He performed unfathomable miracles in my life and blessed my academics.

#### Did you study further?

No, my parents got an alliance for me and decided to get me married. God blessed me with a good husband and I got married in December 2013. My husband Dr. Jackins is a lecturer in college. He became my pillar of support since day one. Even though I got a job in SBI, he sensed my greater calling and didn't ask to take up that job. As promised, God blessed me with two kids named Jessica Satina and Juan Samuel. In 2018, Jesus gave us our own house. My in-laws are retired headmasters and they are living their life for Christ now. God is using me as a support to their ministry in all ways.

#### Did you experience any health issues after your pregnancy?

No, it has been 11 years since I recovered and nothing wrong has happened after that. I am not taking any medicines. God has strengthened me to do all my work efficiently till now.

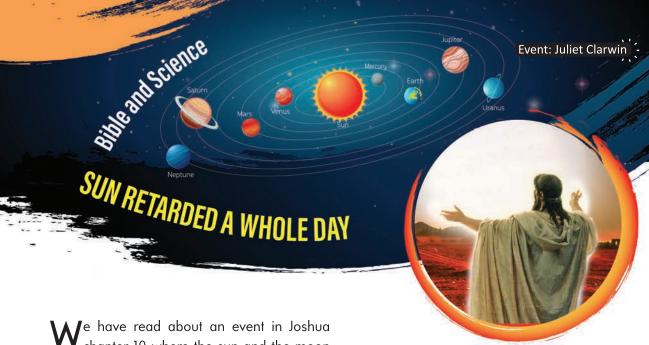
#### Do you want to say anything to the youngsters reading this?

Dear friends! Do not be disheartened by anything. God listened to my simple prayer when I was on my deathbed. He transformed life and has lifted me as a living testimony. He will be your help and grace during times of distress and sorrow. Trust God with all your heart! He will make you succeed in everything. Trust that there is nothing he can't do. If he can pick someone as insignificant as me and lift in life, so can he do to you •



husband & family

Dear readers! Despite being forsaken by medicines and doctors, sister Jenitha was revived by Jesus. The same Jesus can revive your life too, if you seek him.



Chapter 10 where the sun and the moon stood still. People denied this by saying "How can the sun stand still as earth revolves around the sun?" and refused to believe the Bible as it contradicts science. Let us see how this has been proved scientifically.

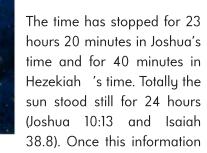
Recently, when scientists conducted a computer based research on the calculation of the best position of the earth to launch satellites to other planets, about the revolution of earth and the position of various planets on a particular day, they found the computer

stopped working suddenly. The scientists found that a day was missing in a particular year.

Scientists were puzzled about its possibility, when a sunday school boy referred to Joshua 10:12-14 which explained to them that the sun and the moon stood still in the period of Joshua. So, they flipped their pages to Joshua 10 and found that the time has stopped for 23 hours and 20 minutes.

Again, there was a question about the remaining 40 minutes. The same guy again pointed to the story of king Hezekiah when the sun went back 10 degrees! When the earth revolves, it takes 4 minutes to pass 1 degree and hence it

takes 40 minutes to pass 10 degrees.



was added to the computer, the anomaly was solved ●

From this, we understand that the Bible stories are not fantasies and everything aligns with science.

BIBLE is TRUTH!

## LOOSE THE KNOTS

Compiled: Helena J.S

#### John the Baptist

#### Find the answers for the below given quetions quoting the Bible reference.

- 1. True or False: John the baptist wrote the gospel of John.
- John's birth was predicted in \_\_\_
   a. Matthew. b. Mark. c. Luke. d. all the above.
- 3. Can you give the name of John's mother?
- 4. John's father was a \_\_\_ a. Priest b. Merchant c. Carpenter d. Shepherd
- 5. True or False: The angel of the Lord identified himself by name to Zacharias, John's father.
- 6. What was Zacharias doing when the angel visited him?

  a. burning incense in the temple
  b. haggling over the price of an alabaster bottle filled with perfume
  c. making a table
  d. tending his flock
- 7. Those who circumcised John called the new baby by what name?
- 8. After John's father wrote that the baby was to be named John, he: a. glowed from being in the presence of God b. lost his sight c. regained his power of speech. d. was able to walk again
- 9. John the Baptist preached in the wilderness located in \_\_\_
- 10. John said, "Repent ye: for
- a. the truth shall set you free" b. the son of God is born" c. the kingdom of heaven is at hand" d. thou shall go and sin no more"
- 11. John"s life was spoken of by the prophet:
  - a. Isaiah. b. Elijah. c. Elisha. d. Nathan
- 12. Whose shoes did John say he was not worthy to bear?
- 13. John said Jesus would baptise with the Holy Ghost and with
  - a. wine. b. fire. c. ashes. d. water
- 14. True or False: John the Baptist begged Jesus for the privilege of baptizing Him since He is the Son of God.
- 15. After Jesus was baptized, a voice from heaven said, "This is my beloved Son, in whom I am well \_\_."

#### Answers: - May

- 1. Eli's sons (1 Sam. 4:4-5)
- 2. the Philistines (1 Sam. 4:7-8)
- 3. true (1 Sam. 4:11)
- 4. B) neck (1 Sam. 4:18)
- 5. Eli's daughter-in-law, Phinehas's wife (1 Sam. 4:19-22)
- 6. B) Dagon was face down in front of the ark (1 Sam. 5:3)
- 7. False; He struck them with sores or emerods (1 Sam. 5:8-9)
- 8. C) seven (1 Sam. 6:1)
- 9. Cart (1 Sam. 6:7-8)
- 10. B) Abinadab

Your answer should reach us on or before 25TH OF EVERY MONTH

JESUS REDEEMS YOUTH MINISTRIES,

Nalumavadi, Thoothukudi Dist - 628 211. Cell: 9750955547 | Tel: 04639- 220022. youth@jesusredeems.org WhatsApp: 9750955547



virus the time corona rom spread started in March during last year, we were seeing serious testing, treatment, arrangements for individual protection and lock down everywhere and the whole of 2020 was spent like this. With many relaxations, we entered into 2021 with new hopes, but within few days the second wave of Corona has come and are you all worried and scared that this will put our life, studies and future into a lockedup darkness? Do not fear! God will change the darkness into light.



"It is enough to draw his picture on a postcard, and it will reach him in Menlo park, New Jersey where he lives. This was a funny phrase people in New Jersey had once. This was the kind of celebration they had for the great scientist, Thomas Alva Edison."

Even though electricity was invented

and was in use, the scientific world was trying very hard to convert that into light and Thomas Alva Edison played a major role during that time. During the time of Edison, the streets had gas lamps only. For more than 50 years, invention of 'electric bulb' was a impossible feat to be achieved. Edison's goal and desire is to have electric lights in every house and on the streets of New York City where he lived. Except Edison nobody believed that his desire will be fulfilled during the time where people were using oil and gas lamps. But there came a day in the year 1879 when Edison introduced a light that could stay lit for 40 hours and New York became the first city in the world

to use electric bulb. Because of an

individual's effort, hard work and belief, a city that was in darkness received light. If an individual could bring light into the world, trust that the Lord who created Heaven and Earth can turn your darkness surrounded life into brightness. There was darkness when the world was created. But, "God

cried to Pharaoh for bread...." (Genesis 41:55), people around the world were filled with suffering and sorrow. Darkness was seen everywhere in the whole of Egypt and in the rest of world. During this difficult situation, God filled Joseph with His spirit of wisdom and used him as a light to take away the darkness of famine.

said, let there be light and there was light." (Genesis 1:3) The Lord who separated

darkness and light when the world was created, wished that the

mankind He created should live in light and be the light of the world. As the children of light, be careful not to get into darkness because of any sin. Like many of us, Joseph had dreams and visions about his life. But, in contrast, his brothers sold

him as slave to Egypt, In Egypt he was falsely accused because of Potiphar's wife and he was sent to prison and it looked like his whole life and dreams were shattered. There was darkness in every situation around him. Though Joseph saw all these, he neither gave up nor did he worry or fear about his future. Because of his faith on God, "The Lord is my light and my salvation; Whom shall I fear?" (Psalm 27:1) brought him out from darkness to light. As Joseph serving as a slave in Egypt, he didn't worry about his future but trusted in God. God made him an authority over the whole of Egypt and turned his darkness into light. Not only that, "So when all the land of Egypt was famished, the people

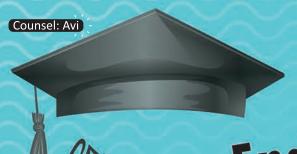
According to the word, "You are the light of the world." (Matthew 5:14) Joseph was a light to his family and for the country during

the drought.

Beloved young sister and brother! Today, are you also in the same kind of dark situation in your life. Are you tired of facing failure in future studies, job, family situations and in all that you do? Do not worry! When you trust Jesus,

His light will shine in you. The Bible says, "Light is sown for the righteous, And gladness for the upright in heart." Psalm 97:11. In case if you walk through problems like loneliness, fear and failure, God will be a light to you. God's light will shine in you. You can be a light to your family and society just like how Joseph was a light to his family and country. "I am the light of the world. He who follows me shall not walk in darkness, but have the light of life." (John 8:12) Strive to follow Jesus even in tough situation. He will turn all the darkness in your life into light.







# Endless Thirst

I was preparing to join college after my 12th standard. My parents were With dreams and very hopeful. aspirations of becoming the first graduate in my family I was also hopeful. But now the lockdown has made me weary. I fear that it would be impossible for me to finish my college studies. Since I keep hearing people tell that it is difficult to score good marks by attending online classes, I became depressed. My ambition is to study and become a powerful officer who would help the common people. But now because of the lockdown I am unable to finish my studies. Will I be able to reach my goals? Will my family situation change? These are the questions that are constantly running in my mind. What should I do?

- Shanthi, Karur.

Dear sister Shanthi, It deeply greived me as I read your letter. While students these days happily pack their books in a corner and say they don't have to study anymore, it is surprising to see a student like you having a vision to be successful and because of students like you India has a bright future.



Shanthi, you don't have to fear that this lockdown will bring an end to your dreams and aspirations of becoming an officer. Definitely your dreams can come true and you can become a powerful officer. But you need to be desperate for it and pursue it relenclessly. If you have this quality no matter what comes your way be it hardship, delays it will not hinder you from reaching your goals.

Shanthi, you have to do your homework diligently. First, find

out whether there is online classes in your college. If so, When does it start? Concentrate on the classes and give it your full attention. Moreover, don't give room for unwanted fear based on what others tell you about online classes.

At the same time, rise up from all your disappointments and hurdles that have come your way and be determined to aggressively pursue your despite unfavourble situation. Online classes have been practiced in many countries throughout the world even before the lockdown, so in their case it is not something to worry. Even in India some states have already been practicing this online means of studies. However. In some states like Tamilnadu, in some districts and villages it has been a challenge to conduct online classes.

### Dear Shanthi here are some ways to achieve your goal:

First of all, you should be passionate and determined that you will become an official. You have to believe that you can complete your college education even if it is through online classes. You should be a person who can adapt yourself to any new season

or period of your lifetime. For example if we compare our difficult tasks and struggles that we face on a daily basis with that of a soldier who serves

soldier who serves in the Himalayan and Kashmiri borders where there is freezing cold and in regions where there are high tempratures, who stand carrying their weapons and



safety equipments, we will find our struggles competitivly to be nothing.

Moreover, apart from your college studies, do find out what are the higher education options that can equip you and take an effort to enroll yourself in it.

There is difference between classroom studies and online classes. At the same time there are certain difficulties as well but you can assure yourself that you are studying in safety at home.

#### Things you need to avoid:

Do not waste your precious time on social media platforms, use social media only to obtain important news.

If you feel exhausted attending online class,keep encouraging yourself by doing

something you like (playing musical instruments, going for a walk, listening to informative news etc).

While attending online classes do not be careless like others, rather prepare yourself and refresh yourself just like you

would while attending school

Shanthi when you take all these efforts, surely your dreams will come true

All the best!



Synergia Youth Fellowship is a place where the youth can rise up with fire in their spiritual life, understanding the deep secrets of the Bible and to be strengthened by praying unitedly for the nation. Even you can participate in this fellowship and to be strengthened! Strengthen yourself and get ready to strengthen others! Prepare others!

Refresh Revive Recharge

## EVERY 1ST SUNDAY (6th June)

#### **VELLORE (3 PM)**

Gethsamane Prayer Center, Ajantha Mahal, No.3,6th West Cross Road, Gandhi Nagar. 9442885315 | 9786379556

#### TIRUPUR (4PM - 6:30 PM)

Gethsamane Prayer Center, No:62 2nd Floor, Benny Kumaran Main Road. 9442082200

#### TIRUPATI (3PM)

Old Community Hall, West Church. 9985033401 | 9442885315

## EVERY 2ND SATURDAY (12th June)

#### MADURAI (4:30 - 6:30PM)

Gethsamane Prayer Centre 2/56, Upstairs, 1st Street, Main Road, Subramaniya Puram. 9750955548 | 0452-2677300

## EVERY 2ND SUNDAY (13th June)

#### AMBUR (3PM - 6PM)

Concordia Hr.Sec.School, Opp Rly. Station. 9597927799 / 9442885315

#### THANJAVUR (3:00PM)

Gethsemane Prayer Centre, Near Balaji Nagar Bus Stop, 18B, TPS Nagar, M.C.Road. 9444381971 | 9488475315

#### VILLUPURAM (3 - 6PM)

Jesus Redeems Office Dhanalakshmi Garden Behind Lakshmi Hospital Villupuram . 8344411022 | 9442885315

#### KOVILPATTI (3PM - 6 PM)

St. Paul's Matriculation School, Kovilpatti.

9750955548 | 9787322334

#### ALANGULAM ( 2:30PM)

P.M.V. Packiyavathy Building R.A. Nursing Institute SCV Computers (top floor) Main Road, Alangulam, Near Union Office Opposite. 9965377427 / 9750955548

#### THENI (2.30PM - 5 PM)

Gethsamane Prayer Center, No.203, Madurai Road, (opp Anantham Silk) Dr. Kamaraj Hospital, 1st Floor.

9750955548 | 9976766422

#### SURANDAI (2.30PM)

Jawarhalal Middle School, Surandai.

9443962141 | 9750955548

## EVERY 3RD SUNDAY (20th June)

#### TIRUNELVELI (2:30 PM)

Gethsamane Prayer Center Shah Complex No: 43/R4, Rajendra Nagar Trivandrum Road. 9750955548 | 9488212915

#### COIMBATORE (4PM)

Gethsamane Prayer Center, No:90,1st, Floor Arts College Rd., Near Charan Tower, Coimbatore.

0422 - 2309040 | 8903405315

#### TRICHY (3PM)

Gethsamane Prayer Center 22A, Ist Floor, Thennur High Rd., Near KMC Bus Stop, Thennur, 9488475315

#### **JEBAMALAI** (2PM)

Kadaiyam (via), Keelamathapuram, TIRUVANNAMALAI (3:30 PM) (TirunelveliDist).

8300131000 | 9750955548

#### MUMBAI (5PM - 8PM)

Gethsamane Prayer Centre, Bethel, Plot 305/E, Mith ChowkuMarve Road Malad -W. 9004882470 | 9664050567

#### CHENNAI (3.30PM)

VGP Victory House, Mount Road. 9488475315

#### DINDIGUL (3PM - 5:30 PM)

CSI Sophia School, (Opp: Govt Hospital) Dindugal.

9750955548 | 6383015262

#### THIRUVARUR (3:30 PM)

Gethsamane Prayer Center,1A/25B, Bypass Road (Opp Arasu Autos) 9976766322 | 7373374733

A L C Lebanon compound, Near Vijaya Mall, Bye pass Road Corner.

9791444788 | 9865553420

#### RANIPET (3 - 6P.M.)

Gethsemane Prayer Centre, MBT Road, Navalpur 9500283179 / 9442885315

#### **EVERY 4TH SATURDAY** (26th June)

#### PERAMBALUR (5PM - 8 PM)

Gethsamane Prayer Centre M K Complex 71, Venkatesapuram Near Bank Of Baroda, Trichy Main Road. 9788788512

#### **EVERY 4TH SUNDAY** (27th June)

PERNAMBUT (3 PM- 6 PM) Revival Prayer Tower, V. Kotta Road, Pernambut, Vellore Dist. 9940854125 | 9442885315

#### ERODE (4 PM - 6:30 PM)

Gethsamane Prayer Center, No:216, 1st Floor Near Fire Service, Gandhiii Road, Erode, 9750722000

#### THIRUVALUR (2.30PM-5.30 PM)

Gethsamane Prayer Center, HSR Tower (Near Gowdi Church) Theradi, Thiruvallur. 9442885315

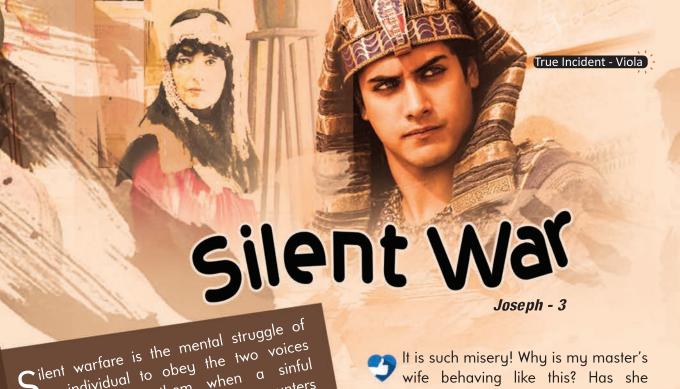
#### True status of a father

Small information: Livingston



A father and his 8 year old son visited a bank to know about car loan for the car which they were planning to purchase for 6 lakhs. I asked the boy as 'Which car your father is going to purchase for you?' The boy immediately replied saying that his father will purchase him a Ferrari and pay for it. The father smiled by hearing the answer of his son thinking that its impossible for him to buy Ferrari with the salary that he gets. I was amused by thinking that children don't consider 'reality or fact' that we reveal to them. According to their mindset when their father is beside them they can buy anything or own which they have dreamt of. Where did they learn this from? Maybe before entering the world when they stayed in heaven, they have a God beside them who would have granted all the things that they wished for. More over they also share it with everyone.

Jesus says, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these" (Matthew 19:14)



 $oldsymbol{\supset}$ an individual to obey the two voices resonating within them when a sinful temptation pops up. Every man encounters this in life. Every month we have been learning about a silent war that took place in various characters. This month we will learn about a handsome young man named Joseph. He was a man of God who lived in a foreign land and was a flowering vine that would bear fruit in any garden. Joseph was far away from his home. He was in a situation where had no faith to be reunited with his family. Nobody was there to question his life. Nobody was there to teach him good and bad, and lead him on the right path.

> Let's imagine the war that took place within Joseph...

During this situation, he faced a problem

because of his master's wife (Genesis 39).

It is such misery! Why is my master's wife behaving like this? Has she forgotten her status? My master has tremendous trust in his wife? I'll never get trapped in this sin.

It was God who gave me this handsome and attractive physique. Not only spinsters even married women also fall for my looks. She is next to my master in this house. If I say yes, who will know? My father and brothers are also not here.

No, never! My Lord's eyes are watching me every day and night. Where can I go hiding away from him? I should never do this sin that hurts him. I'll never cheat on my master who believes in me and handed over all these responsibilities.

Voice 2: But my master's wife will be sad. The joy in her face when she sees me will be lost if I say no. Why should I be afraid when a woman boldly makes the first move? It isn't just one or two days? She is being

this way consistently. What if I say ok for only one day?

No..no we should never do things to satisfy humans. Even if it is for one day, it is a sin. No matter, what she says and what happens I'll never sin against my God. I am firm about it.

God's plan for this Joseph is excellent. But Satan tried to destroy it. And he used the charming master's wife to destroy that plan. Poison is poison even if it tastes sweet, so is sin. We can wash clothes if it gets stained, but what about life? The dress can

be bought if it is ruined, but if honour is lost? Joseph

had these thoughts in his mind and ran away from the sin that came to take hold of him. Because of this uncompromising stand for his holiness he was sent to prison. Being trapped inside the iron bars will

not corrupt the soul but the prison of sin will corrupt one's life.

Joseph was very careful about guarding his holiness and God in turn, honoured him by favouring him, that he became the governor of the country. He became a blessing to his family, his father's family, his relatives and the whole country •

My dear brothers and sisters! Today you may be also facing problems daily like Joseph. "Who will know of this? My friends are doing so why shouldn't !?" Do you also have such wars happening inside? Are you confused whether you will make him/her sad by saying

a 'no'. Be careful! Your future will be dark if you say yes to sin. You are the children of light and have been selected as a role model for others.

During these dangerous days try to meditate on Bible verses more, if possible memorize the verses. Because the word of Lord is a lamp to the feet and a light to the path.

"Therefore be careful lest the light in you be darkness" (Luke 11:35)

JESUS REDEEMS



EVERY SATURDAY ON SATHIYAM TV AT 6.30AM & IN YOUTUBE AND COMFORTER TV







DEAR YOUNGSTERS INTRODUCE THIS TV PROGRAMME
TO YOUR FRIENDS AND SHARE TO US THE BLESSINGS
THAT YOU HAVE RECEIVED THROUGH THIS NO

9750955547



### Receivers of the light.

#### The Samaritan Woman

The Samaritans were ignored as gentiles by the Israelites. The Israelites did not like to mingle with them nor have any relationship with the Samaritans. Though Jesus was born in the lineage of the Jews, He did not hate anyone. Jesus chose the Samaritan woman who was disrespected and was a symbol of shame. He revealed himself to her. When she came to know that Jesus is the Savior,

the Messiah who had the eternal life-giving words, she grasped Jesus the light without neglecting Him and shone forth His light to all in her town. Many of the Samaritans of that city believed in Him because of the word of the woman who testified. (John 4:39)

Youngsters! Are you in such a situation? Just hold on to Jesus and you will be a light to many in darkness!

#### Duth

Ruth was a Moabite widow. She married the son of Naomi, who migrated from Israel to Moab, and died after some years. But she came to know about the God of Israel through her husband and

her mother-in-law. When Naomi wanted to return to Israel, she asked both her daughters-in-law (Orpah and Ruth) to return to their mother's house. When Orpah heard this, she left but Ruth was zealous about not leaving her aged mother-in-law nor the true God and so she went to the nation of Israel. For any girl, mother's house would be like a heaven. But Ruth forsook it and followed the true God. Because she followed the God of light, she received a blessed future and Jesus

Christ, the Savior of the world was born in her lineage. "...For wherever you go, I will go; And wherever you lodge, I will lodge; Your people shall be my people, And your God, my God."

Beloved! As we worship the same God today, are we prepared to let go of everything and follow Him?

### Rejectors of the light.

#### The Children of Lot

When God commanded Abraham to leave his country and go to the land that He shows, Abraham took his brother's son Lot along with him. For many years Lot accompanied Abraham wherever he went and hence he knew about who the God of Abraham is. But after many years he chose the fertile land (towards Sodom) and went a separate way parting from Abraham. Even though Lot has the fear of God and believed in God, his daughters failed to receive the faith and fear of God that was seen in their father. Since they did not follow the God of light, they sinned with their father. As a result of this, there arose two groups (ammon and moab) which god hated and sodom was completely cut off from earth later Though they had God so close to them and yet failed to receive His light, they became a curse.

#### The Son's of Eli

Hophni and Phinehas were the

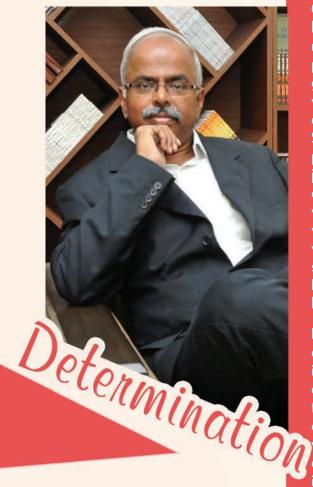
did not know the Lord." 1 Samuel 2:12

sons of Eli who served as priests in the temple of God. The ministry of the priests was very honorable in Israel and the Levites were chosen to serve as the priests. The Lord was their portion. But Hophni and Phinehas did not realize their position and its honor and indulged in things that displeased God (1 Samuel 2:17,22,25) and therefore God was ready to destroy them. As they continued to sin against God, God delivered them to destruction (1 Samuel 4:17). Even though they received an honorable job of serving God in His temple, they refused to grasp the light. Though they were so close to the light they chose darkness which led to pitiful end of their lives. "The sons of Eli were corrupt; they

Dear youngsters! Do not fool yourselves thinking that because you were born in a Christian family, you will go to heaven. But if we receive the light and follow it, we shall shine forth its light in this dark world.

Dear youngsters! Though we might say we are serving the Lord and yet fail to receive the light or fail to shine forth the light, then we shall be pushed to a pitiful situation. Therefore, let not the light within become dark!

#### Achievement: Suma



We are going to see the life of an achiever, who was born in a poor, farmer's house, but went to become the founder of a Rs 3300 crore worth company named Thyrocare, overcoming all the obstacles. We are presenting this segment to encourage the young hearts who are on the path to becoming an achiever.

Thyrcare®
Think Thyroid. Think Thyrocare.



Velumani was born in a small village near Coimbatore, that didn't have electricity or a bus facility. He pursued his education in Tamil medium. He didn't stop his schooling even though poverty pressured him. He ate the food they gave in Panchayath schools. Even though he was average in his studies, he self-learnt Maths and Science. He also went on to finish college. Since he lacked work experience and English proficiency, he wasn't able to get a permanent job. Finally, he joined a tablet manufacturing company for a salary of Rs 150. The company was shut within three years. Velumani who was looking out for a change in his life saw a vacancy in Mumbai, through a paper ad. He started to the city with Rs 82 worth ticket and Rs 400 Cash in hand. With nowhere to stay, he halted in the railway station for three days.

Later, he started his career again as a research assistant at Bhabha Atomic Research Centre in Mumbai. He completed his post-graduation and doctorate successfully while working on this job. Government job, handsome pay and comfortable life; Velumani had everything he wished for. But his quest for greatness in life didn't allow him to remain calm. After working in Bhabha Atomic Research Centre for 14 years,



he resigned from the job. He took Rs 2 lakhs from his savings and started Thyrocare in 1995, in a 200 square feet room.

His wife Sumathi, who was working in State Bank till then, was the company's first employee.

Velumani often recounts his first trip to Mumbai saying, "I came from Coimbatore carrying nothing, except determination and willpower."

Since he was rejected by companies for not possessing previous work experience, he made sure that 98% of the employees in his companies are freshers. When Velumani started, he didn't know how to run a company or a business. Only after starting everything he learnt a lot of things. His aim was not to reach high profits.

He wanted to become a victor in everything he does. Simplicity and humbleness lifted him in his life. He researched various aspects of thyroid disease and succeeded in

Starting a career in 1978-79 for a low salary of Rs 150, Velumani has grown to a point where he is running a company worth 3700 crores. He continues to live in his company headquarters in Mumbai and he doesn't have a home of his own

it.

Dear youngsters, our place of birth might be insignificant. But where we are heading in the race of life alone matters. Mr. Velumani chose his lane of success and won his race. Does your life have such focus? Or are you sitting depressed for not being able to reach your goals?



GOD

OF PROTECTION



Job was a man who feared God and walked upright before God. We read about the incidents that happened in his life through the book of Job.

What sort of a God was Job's God? How did He intervene in Job's life? "Have you not put a hedge around him and his household and everything he has? You have blessed the work of his hands, so that his flocks and herds are spread throughout the land." (Job 1:10). God protected Job, his family and all his belongings by placing a hedge around him.

Job's God was a God of protection. We read in the Bible verse that God placed a hedge around his family, assets and children. We have to understand that God places a protection over us the very moment we are saved and accept Christ in our hearts and washed by His blood. If you confess your sins and have an assurance that you are saved by his blood, it implies that you are under the mighty protection of God. We should believe it in faith and praise God for placing such a protection around your house, children and assets. The world we live is surrounded by dangers instigated by wicked people, natural disasters and evil spirits. We do not know what type of danger we will encounter. What is the reason behind our restful life amidst these engulfing dangers? The God of Isræl will

never sleep nor slumber. We should believe

that God who protected Job will protect us

Once, when I visited the city of Los Angeles, USA for ministry, a hilly region was engulfed in fire and the houses Burned down to ashes. Since the forest fire spread suddenly everywhere, the Police personnel were unable to save their buildings but evacuated them so as to save their lives. Amidst this area, lived a believer family from Tamilnadu who used to pray daily. When the fire spread one after the other house, this particular house was alone unharmed by fire. Even though the fire had

too.

come up to the pillars of the house, it did no damage to the house. Everybody around were surprised see to how that house alone could not be damaged. The children of God knew the secret that God protected their house using a hedge. Whatever evil befalls, it can never touch us. It can have an encroachment only up to the borders. In the same manner, God will protect our families today. Even though there may be an old unused cycle, God will put a hedge

around it saying its your property and protect it. This is an incident of visible danger.

There are incidents of invisible dangers in your life. "You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday." (Psalm 91:5,6). There may be arrows of witchcraft aimed at our

families, business and Health. It is written that pestilence walks in darkness. These invisible evil effects may enter into the houses which are left unprotected by blood of Christ and easily affect them. Our God is above all secrets and hidden dangers and he has placed a hedge of protection around us.

There are electric control fences to protect against wild animals. But they can be easily disabled if the power supply is switched off. The protection of our God can

# Our God is above all secrets and hidden dangers and he has placed a hedge of protection around us

never be disabled by any witchcraft or evil magical powers. Satan tries to enter Jobs' life in an intention to make him murmur and sin against God. But his efforts were in vain. Next, he tries his attempt with his

> 10 children but even for them, God had placed a hedge. Satan could not touch his flock and children because God had protected them. See what an amazing God we have!

> You should believe in faith that how many evil magicians rise against you, no harm will befall you. Keep praising God for he protected you, your children, vehicle and business. If you claim them in faith, the protection will stay permanent

in your lives •

My dear beloved youth, God of Job is your God too!! When this terrifying pandemic is shaking this whole world, God has placed our family in safe protection.

Hence keep praising God.

May the God of protection be with your families!





The light bulb is regarded as the greatest invention of the world. It turns darkness to light and keeps the world Working 24x7. Even though it lights up the night, the lifespan of these bulbs is just a few months or years only, post which we have to either change or repair it.

On the contrary, there is a bulb installed at a

fire station in Livermore, California that has been glowing for the past 120 years. Yes, you read it right, 120 years. Though it is unbelievable, that is the truth.

This bulb was invented by Adolphe Chaillet in the year 1901. Till date, it has been glowing for over 10,00,000 hours. In these 120 years, it was shut down only for few times due to unavoidable circumstances.

Even when researchers tried finding the reason behind the bulb glowing for these many years, they were unable to find out exact reason But, they predicted that the thickness of the tungsten



filament in the bulb is 8 timesThicker than that of bulb used these days.

When reading about this, it reminds me of a verse about John - the Baptist. "He was a burning and shining lamp...." (John 5:35).

John the Baptist was preparing the Isrælites for the first coming of Jesus Christ. He was shining bright and fulfilled the purpose that was set for him ●

Dear young people, chosen for end time revival and to prepare the way for second coming of Jesus Christ, You are not called to shine for few days and then diminish.

Rather you have to shine bright throughout Your lifetime and that is what Jesus prefers. How is the light in you today? Is it bright enough? or Is it dull? Or has it been put off? Just like the tungsten filament in

the bulb that was thick, it your relationship with God is strong, then you can also glow continuously. This is the time for you to arise and shine. Arise! Shine bright!

Arise, shine; For your light has come! And the glory of the Lord is risen upon you. (Isaiah 60:1) ●





We celebrate Father's Day on the third Sunday in June every year. True Father's Day is when everyone loves their father and does the duties they are supposed to do. Celebrating once a year does not mean that their duty is over. We are inspiring you to make a resolution from this year to make your father happy.

We want to tell you a few things about how to please your father.

**Spend time:** Childrens do not spend time with fathers. So, sit down with your father once a week and inquire about his

work-related and health related matters. Sit and eat with your father at least once a day. During that time, exchange the events of the day with your father, this will give a satisfaction for you that you have spent some time with your dad.

Ask for Advice: This generation youngsters do not ask their fathers for any advice. Higher education related and job seekers can ask your father for some advice. Their previous experiences will benefit you and it would also increase a good relationship with your father when you ask them for advice.

Show affection: Talk with kind words, when they are angry, talk to them joyfully and

make them happy. When they are angry, do not be angry with them.

Buy Gift: Buy something based on your budget and what your dad likes such as Shirt, Wallet, pen, shoe, belt, watch and bike. Then they will know how much you love them.

Take them out: Every father in the work will sacrifice many things for the sake of his child to live well. So being their children, take them out at least once a year to their home town, tour or any places they like to make them happy



Dear Youngsters, there is a verse in scripture which says to honor your father and mother. According to that verse, you should honor your parents every day. Do not forget them after greeting them on Father's Day, True Father's Day is when you meet their daily needs.

Source: Internet



## Prayer Guide June 2021

#### **ELECTRICITY**

- Under Tamil Nadu Electricity Board (TNEB), there are about 2 crore domestic home electricity connections, 36 lakh commercial connections, 7 Lakh industry connections, 21 lakh agricultural connections, and 11 lakh hut connections and totally it comprises more than 3 crore connections.
- Tamil Nadu generates electricity through Thermal, Wind, Solar, Nuclear, and Hydroelectric power plants.
- As there is a shortage to meet the power demand, TNEB procures power from private producers for a high cost.
- The power generated within our State only meets 30% of power demand and we get 30% of our power need from the National Grid. The remaining 40% of the power need is procured from private producers.

#### PRAYER POINTS:

- 1. Let us pray that power should be supplied properly to all the consumers in Tamil Nadu.
- 2. Let us pray that there should be no shortage in the Wind, Solar, and Hydroelectric power plants and the power produced by the State should increase.
- 3. Let us pray that the procuring of electricity from private producers at a higher cost should change, and Tamil Nadu should get sufficient electricity to meet the power demand.
- 4. Let us pray that scams happening in this department should be stopped and it should function properly that everyone working in this department should be God-fearing and faithful to their job.
- 5. In many places, the electricity is charged Rs. 7 to Rs. 9 per unit. Let us pray that the cost to be reduced and poor people should not get affected.

#### MIDDAY MEAL SCHEME

- In Tamil Nadu, there are more than 41,000 midday meal centres and 97,000 staffs are running them.
- 55 lakh children in primary and upper primary classes in government and government-aided schools have benefited from this meal scheme.
- For the children studying from 1st Std to 5th Std, per meal cost per student allocated by Government is Rs. 1.75 for Sambar rice, and Rs. 2.28 for Veg Briyani.
- For children studying from 6th Std to 10th Std, per meal cost per student allocated by Government is Rs. 7.70 for Sambar rice, and Rs. 6.94 for Veg Briyani.
- For the students till 5th Std, per student, it is allocated 100 gms of rice, 15 gms of dhal, and 3 ml of oil. For the students studying from 6th Std to 10th Std, per student, it is allocated 150 gms of rice, 15 gms of dhal, and 3 ml of oil.

#### **PRAYER POINTS:**

- 1. Let us pray for all the 97,000 workers who are running the 41,000 meal centres, submitting them into the hand of the Lord.
- Let us pray that the Government should continue to provide healthy food to all the 55 lakh children who are having the midday meal.
- 3. Let us pray that there should be no scams happening in this plan which the Government has brought to provide hunger relief to the students, and that the workers should do their job faithfully.
- 4. Let us pray that the vacancies for midday meal supervisors and cook should be filled with appropriate persons to carry out this scheme effectively.
- 5. Let us pray that the Government should act diligently to ensure that no student discontinues their studies because of lack of food or hunger.

#### FOOD WASTE

- According to the Food Waste Index Report 2021 by the United Nations Environment Programme (UNEP), every person in India wastes 50 kg of food every year.
- As per the report, Over 931 million tonnes of food were wasted globally in 2019. This suggests that 17 percent of total global food production may be wasted (11 percent in households, 5 percent in food service and 2 percent in retail).
- Around 3 billion people cannot afford a healthy diet. Many people die because of hunger, but meanwhile, 931 million tonnes of food were wasted globally in 2019.
- More than 700 crore people live in our world and in that more than 82 crore people live without getting sufficient food.
- In a year, India produces around 250 million tonnes of food grains. Around 250 million people go to bed in hunger, without having food. In the food grain produced, around 40% get wasted.

#### PRAYER POINTS:

- 1. Let us pray for the 3 billion people who can't afford healthy food that they should get healthy foods.
- 2. Every year, many thousands of people die in India because of hunger. Let us pray that this situation should change.
- 3. Let us pray that people should have awareness not to waste food and to buy foods only that they need to avoid wastage.
- 4. Let us pray for the 82 crore people who live without sufficient food that they should get sufficient healthy food items.
- 5. Let us pray that the food grain production should increase and the Government should bring plans to rightly disburse the food items to



#### LEGISLATIVE ASSEMBLY

In the recent Tamil Nadu Legislative Assembly election which got over, representatives from 234 constituencies contested. For every constituency, one representative was elected and totally 234 representatives were elected by the people. Based on that, a new cabinet of ministers was formed. The newly-elected Chief Minister, Mr. M.K. Stalin should bring good plans to develop Tamil Nadu and the state should become a blessed state. The elected MLA's should give heed to the people's need and fulfil them. The plans which were promised in the elected ministers should steer Tamil Nadu in the path of growth.

#### PRAYER POINTS:

- 1. Let us pray that God should use the Chief Minister in an effective way and Godly wisdom should rest upon them.
- 2. Let us pray that all the 234 MLA's elected should have Godly wisdom, and should fulfil all the plans which were promised.
- 3. Let us pray that the Ministers should understand their responsibility and act, and the Government should bring good schemes to develop the State.
- Let us pray that the Chief Minister should come forward to fulfil the promises made during the election, and should create better livelihoods in Tamil Nadu.
- 5. Let us pray that Tamil Nadu should become a liquor-free state and a blessed state.



## I am not ashamed of the gospel!

In the last few months, we saw on why we need to gain souls; the ways to do it and much more. When we share the Gospel, many ask questions and create practical difficulties. How to do ministry by answering these problematic questions? Let's see about it in this section.

#### I am not a sinner!

When we go out to evangelize, people will be scared of us. Because they fear that we will preach about how they are sinners and they should repent from their sins. Before we open our mouths, they will say, "We are not sinners, go to the next street, we are good people, we are giving alms to some, we don't need your gospel."

## What does the Bible say to such people?

"For all have sinned and fall short of the glory of God" (Romans 3:23). Sin has come into every man through Adam. But the word sinner comes through the violations of a man. Therefore, everyone born a human is in sin. So, a man who hasn't sinned is also a sinner.

#### What is that sin?

"Of sin, because they do not believe in Me" (John 16:9). According to this verse, Jesus is the

true God; He was born as a man to save me. He shed His blood so that my sins may be forgiven; He died and resurrected; today He is seated on the right-hand of the Father as the Lord and Christ: you need to explain to them not to believe that, it is Sin.

### I will let go off my sins and then I will come!

Another group that we encounter during evangelism will say, 'I will leave my sins and then I will come to Jesus'.

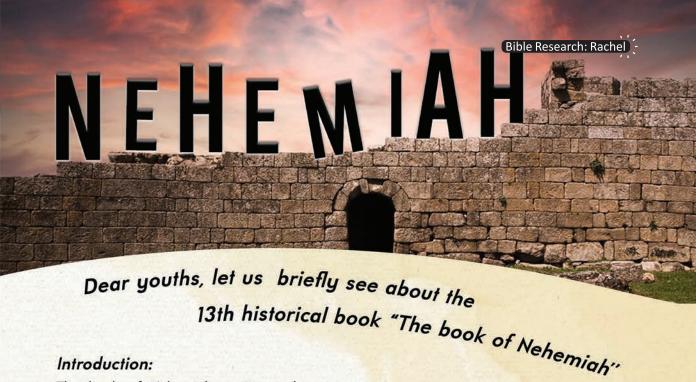
I used to meet a businessman in my town and share the gospel with him regularly. He reads the Bible; He believes that Jesus is God; but he won't repent.

Once when I asked him to attend the church worship service he said, "Your church is holy; but every day I say hundreds of lies for the sake of my business; in a few years I will gain much money, then I will leave behind my lies and come to your Lord".

## What is the answer that the Bible gives to such people?

"...The Lord my God will enlighten my darkness" (Psalms 18:28). To them we have to answer, "You can't leave your lies. When you come to the Lord your lies will leave you; because when light comes, darkness will automatically disappear".

Let us continue to see in the upcoming months on how to handle such problematic and practical questions! Let us win the world for Jesus!



#### Introduction:

The book of Nehemiah continues the story of the Jews, who came back from Nehemiah, who prison. was cupbearer of Persian king Artaxerxes I, got promoted as the governor and instructed the people to build the walls of their kingdom. Ezra and Nehemiah lived during the same period. Both of them were ministers of God. But they ministered in different ways. This book was written to show that the hand of God was with his people, who returned to their homeland after being hostage for years.

#### Author:

Mostly Nehemiah

Chapter:13

Verses:406

Words:10.483

#### Important persons:

Nehemiah

Artaxerxes

Sanballat

Ezra

#### **NEHEMIAH SUMMARY**

#### REBUILDING OF WALLS

- Rebuilding the walls of Jerusalem. (chapter 1,2)
- Rebuild the city. (chapter 3-7)

#### NEHEMIAH ASSEMBLES THE PEOPLE

- Rebuilding the covenant (chapter 8-10)
- People obey the covenant (chapter 11-13)

#### CHRIST IN NEHEMIAH

Nehemiah brings out the model view how Jesus left His glory for mankind and for our salvation...

#### Special Article: Gladiys

For the past 5 months we have learned how Christianity is based on truth under the heading Christian Perspective through four important questions. In this article and in the future articles let us see the answers to the questions by teens and youth regarding their school, college, work place and their confirmation in faith.

"But sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear," says 1 Peter 3:15. It is the vital responsibility given to every Christian. We not only need to know the answer for this but also this verse teaches us how to deliver that answer.

Many youth who are born and brought up in a Christian family and raised by a Spiritual Church tend to lose their faith when they face questions and arguments regarding their faith when they go to school, college or work place. This weakens their faith and hope in God. Due to this many youngsters give up on their faith in Christ. So let us look into some questions and logical answers based on the Truth.

#### **Does God Exist?**

Atheist usually believe that God does not exist. The reason they say is, this world is filled with injustice and evil. So there cannot be a good



God. The group of people who do not care if God exists or not are called Agnostic. Even some of us used to question if God truly exists on seeing the evil and injustice around. Moreover, even in schools only the Evolution theories are taught and not the Creation of God. Since many young minds come across this theory from school they tend to believe that humans came from monkeys. It's really sad. But Bible says we are created in the image of God.

## Ok.. Lets see the answer for the question "Does God truly exist?"

First it is logically impossible to accept the argument that God does not exist. It is a self defeating argument. Because no man can give a absolute negative statement and prove it. For example, if a man wants to prove that there is no Black Sand on earth, he has to go around every nook and corner of the world without missing a single feet. But none can do that in their life time. Therefore "God does not Exist" is a speculative statement and not a proven statement.

Next, I have given three positive answers that God really exists. There are many answers but I am going to share the first 3 of them.

#### 1. Fine Tuning of the Universe:

Yes friends, the earth is still compatible for living is due to the periodic, perfect expansion and contraction of the Universe. The proper climatic conditions for the living beings to survive, oxygen, correct environment for crops to grow are perfectly, evenly laid. It did not happen randomly. Through this we can understand that this Universe is created. If it has been created then there must be a Creator. Hence, there is God.

## 2. Richness of information in Human Body:

The DNA from our body gives information that a book of thousand pages can hold. Who has kept those rare information there? If there is an information then there should be a thought behind it. If there is a thought then there should be a Man behind it. And that is God.

#### 3. Sense of moral duty:

When you are in a hurry to your office and you see a man suffering for life in a road accident, more than your office you tend to help the person suffering. Where does this morality come from? It means every life has a value. From where does this value come from? It cannot

come on its own. It must be given by

someone. And so God exist.

Jesus Light of the world "Thy word is a lamp unto my feet, and a light unto my path" (Psalms 119:105) "Commit thy way unto the Lord; trust also in him; and he shall bring it to pass. And he shall bring forth thy righteousness as the light, and thy judgment as the noonday" (Psalms 37:5,6) "Arise, shine, for your light has come, and the glory of the LORD rises upon you" (Isaiah 60:1) I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life" (John 8:12) "The unfolding of your words gives light: it gives understanding to the simple" (Psalms 119:130)

"He reveals deep and hidden things;

he knows what is in the darkness,

and the light dwells with him"

(Daniel 2:22)

## NEWS

#### CONTINUING STRUGGLES AFTER CORONA MUCORMYCOSIS

#### 2000 PEOPLE IN MAHARASHTRA AFFECTED

Maharashtra has the highest count of Corona of all. Adding to that, 2000 people are affected by a new fungal infection called Mucormycosis. 2 people have died from this in the district of Thane. The government of Karnataka and others are monitoring the situation closely.

Those who are recovered from corona are easily infected by this 'black fungus' mostly affecting eyes and costing people's lives. This disease is starting to spread along with Corona at an increasing rate.

The second wave of the corona is harsher in India than in any other countries. So many families are being orphaned are to this virus and this mucormycosis is adding to the damage.

#### WHAT IS MUCORMYCOSIS?

Mucormycosis is a rare infection that is produced from common wastes like rotten fruits, vegetables and fertilizers. This fungus only infects those with low immunity. When we intake medicines for other diseases our immune system becomes more vulnerable and that is when the fungus infects the host body. This when left untreated can infect the sinus and lungs and cause death.

Those who are infected with Corona are treated with high dosage steroids. This makes their system weak and they become more vulnerable to this Black fungal infection during the next two weeks. This also increases the blood sugar level and one in two persons lose their life to this.

#### WHAT ARE THE SYMPTOMS

It starts with pain in the cheeks and the eye regions and bleeding from the nose. Consulting a doctor now itself will be safe. Also, toothaches, blurry eyes, double visions and fever will occur. Chest pain, breathing disorders etc. are other symptoms.

The only good thing about this is that this fungus is not contagious and can react only when the immunity is low. So, if you suspect the infection, consulting a doctor immediately is advised. Sugar levels should be kept under control and intaking any steroids without consulting a doctor could be highly dangerous.

Providing steroids in the right amount to corona patients while and after the treatment is highly advisable to keep this infection at bay.

And even after the complete recovery, corona survivors should keep their blood sugar level under control.

### INCREASING THE PRODUCTION OF AMPHOTERICIN

Amphotericin B is being used to treat this black fungus. This is an antidote for fungal infections. Now, because of the increasing number of mucormycosis cases, the need for this medicine is also increasing. Therefore, the Central Government has ordered the drug manufacturing companies to increase the production of Amphotericin B.

Dinakaran- 13, May 2021



#### Caution News: Sathish



## BE PREPARED FOR THE SECOND COMING OF CHRIST!

ach and every month you're reading about how the signs revealed by Christ about His second coming are exactly happening in this world and preparing yourself for the second coming of Christ. Moreover, many of you are preparing others also for the coming of Christ. I praise God for all of you. This month we're going to see about one of the signs which occurs before the second coming of Christ- Famine.

Famine is the scarcity of food which is caused by wars, inflation, population, inequality or government principles. Every nation in the world has faced famines. Famine in India has become life's continuous circumstance. More than 60 million people have died due to famine in India during the 19th and early 20th centuries. Lakhs of people from the countries of Pakistan, Afghanistan, Venezuela, South Sudan, Syria; North East nations and many other countries

have been affected by famine.

African countries are the most affected by famine. The U.N Assembly has revealed that in the East African country Somalia, more than 3.7 million people wither without food or water to drink. In the continent of Africa,



every year approximately one lakh people die due to starvation of food. Though deaths due to famine is worldwide, currently even the developed and developing countries are in danger of facing food scarcity and starvation because of the wide spread effects of the Corona virus. Due to the worldwide lockdown imposed to control Corona, crores of people's livelihoods have been ripped off. Many people are fear that they will die of hunger rather than dying of Corona. The U.N Assembly has recently revealed a heartbreaking message that more than 82 crores of people are suffering from hunger. In India 12.2 crores of people have lost their jobs last April alone. Do not fear by seeing all of this. All these things will occur in the world before the coming of Christ. This is what the Lord revealed to John in the island of Patmos. "I looked there and there before me was a pale horse! Its rider was named death, and Hades was following close behind him. They were given power

over a fourth of the earth to kill by sword, famine and plague, and by the wild beasts of the Earth" (Revelation: 6: 8).

Beloved young brothers and sisters! Even though famine, hunger, poverty and dangerous incidents occur around you, don't fear. "All these are the beginning of sorrows" (Matthew 24: 8). For nothing will affect those who dwell in the shelter of the most high. Even if thousands fall on your side or ten thousand on your right side, it shall not come near you. "Blessed are all those who put their trust in Him (Christ Jesus)" (Psalms: 2: 12). So be prepared for the second coming of Christ and stay awake in prayer every minute.

Let us see about another sign regarding the coming of Christ next month. Read continuously and be prepared for the second coming of Christ!



## Ways to protect your

# Eyes...

Visual impairment affects
everyone from children to adults.
This is because of eating fatty
foods instead of nutritious ones.
Our lifestyle makes people wear
spectacles at a small age.

#### TIPS TO PROTECT YOUR VISION:

- Often computer users do not constantly blink. Blinking eyes at constant intervals refreshes eyes.
- Avoid reading or doing any work in lowlight conditions. It is not good to make our eyes work under poor lighting.
- Depression, anxiety, sorrow, anger can also affect your eyes. Avoid these emotions.
- Whenever you feel stress or irritation in your eyes, wash your eyes well with water.
- Carrot, papaya, mango, spinach, orange, fish, egg, broccoli, tomato, dark green vegetables, flax seeds, cucumber, almonds, walnuts can enhance vision.
- Sleep deprivation can affect vision.
   Deep sleep for an average of 7-8 hours is necessary.

- Avoid washing your eyes immediately after being exposed to the sun for a long time.
- Avoid using digital gadgets at least for 2 hours before sleeping.
  - •Throw a rubber ball against the wall and turn your gaze in every direction it goes. It is a good exercise.
  - Dust affects the eyes. Wash your eyes thoroughly after returning from outside.
  - Rest your eyes for
     5 minutes every hour
     while straining by
     closing your eyes with

your palm.

